

AOTH @ HOME:

MAY 4 - 8: ICE CAPADES

Each week, our AOTH At Home content will revolve around a specific theme. This week's theme is **Ice Capades!** Below are some fun activities you and your little one(s) can do at home with ice.

Frozen Mystery

Freeze some small toys in an ice cube tray, allow your child to chisel away and/or slowly melt the ice so they can save their friends! For a fun trick, you can also use salt and water to help melt ice!

Fruity Pops

A fun edible creation- take your little one's favorite flavor of juice, some sliced fruit of your choice, and freeze into easy healthy popsicle treats! Your little one will love doing this with you, plus everyone loves a snack!

Water and Ice Sensory Bin

Have your child sort out ice from water. You can dye the ice with food coloring so your little one can see what happens as the ice melts in the bin!

Tundra Trek

Create an ice tower out of objects in your home, pretend to be polar bears, seals, and penguins on a blustery adventure!

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Reading List

Angelina Ice Skates by Katherine Holabird

Polar Bear, Polar Bear What Do You Hear? by Eric Carle

Frank Zamboni's Ice Machine by Monica Kulling

Waiting for Ice by Sandra Markle

Ice is Nice, All About the North and South Poles! by Bonnie
Worth

Five Little Penguins Slipping on the Ice by Steve Metzger

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